



THE MOLE

RESORT

WALKING & RUNNING ROUTES



WALKING ROUTES

WALK 1

An easy stroll, ideal for sampling the fresh air and blowing away any cobwebs!

 **DURATION:** ½ to ¾ hour

 **FOOTWEAR RECOMMENDED:** Trainers

 **SURFACE:** Tarmac

1. Leave The Mole Resort main entrance, turn right and then take the first left, signposted to the Portsmouth Arms.
2. On your left you pass Pearces and Butlers farms and the church of John the Baptist. At the next junction bear right signposted to Chittlehamholt.
3. Once in Chittlehamholt turn right, passing the Exeter Inn and Chittlehamholt Post Office on your left. After another 400 yards, you will return to the main resort entrance on your left.

Please refrain from trespassing on our neighbor's property.



WALK 2

Circular and slightly demanding walk with steep inclines.

🕒 **DURATION:** 1 to 1 ½ hours

👣 **FOOTWEAR RECOMMENDED:** Walking boots or Wellingtons

🚶 **SURFACE:** Tarmac and mud track

1. Leave the Hub and turn left towards the manor house once you get to the manor house, there is a little pathway that leads to the croquet lawn. Across the croquet lawn on your right there is a hedge, follow this until you find an opening, where you will enter and find the bridal path. Turn left and go down this path know as Muxley Lane or Whitmore Lane.
2. The name will soon become evident, especially when one envisages it with cows being driven along it on a daily basis, as used to happen some thirty years ago!
3. Follow the lane down to the main road (B3226) where you come out opposite Kings Bridge over the River Mole. Unfortunately, you **CAN NOT** cross the river bridge as no public right of way exists.
4. Turn left and walk along the B3226 for just over ½ a mile. **BE AWARE OF TRAFFIC!** Approximately 200 yards after Arshaton Wood starts on your left-hand side, you come to a large galvanised steel gate and stile into the woods. There



are parts of the woods that are privately owned so look out for signs.

5. Cross the stile and follow the large track, this splits after about 70 yards and to continue on this circular walk take the left fork up the hill.
6. Follow this track until you reach the kissing gate at the top of the wood and continue upwards and onwards back into the village of Chittlehamholt.
7. At the road junction turn left and the resort is ½ a mile on the left.

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WALK 3

An interesting walk but return by retracing your outward journey.

 **DURATION:** 1 to 1 ½ hours

 **FOOTWEAR RECOMMENDED:** Walking boots or Wellingtons

 **SURFACE:** Muddy tracks and tarmac

1. Leave the main resort entrance, turning right and walk into the village.
2. Soon after passing the Exeter Inn on your right, you come to a red brick bungalow with a wooden fence adjacent to the road.
3. Just past the wooden fence turn right down the public footpath known as Russons Lane through a wooden gate on your left.
4. 140 metres from the road you enter Arshaton Wood through a wooden gate on your left and on to the kissing gate some 40 metres down the track.
5. Follow the track/public footpath through this wonderful Semi Natural Ancient Oak Woodland until it takes you to the main road.
6. At the main road turn right and after some 50 metres there is a gap in the hedge and from here you can walk down to the river. Highbullen owns the river bank up and down stream for 200 Metres in each direction.



7. Do use the fisherman's shelter if you wish as you may well see a kingfisher, dipper or even an otter. When you are ready, just retrace your outward route.

Please refrain from trespassing on our neighbor's property.

DON'T WALK THIS RIVER BANK IF THE RIVER IS HIGH A BROWN IN COLOUR OR IN FLOOD. PLEASE BE CAREFUL!

WALK 4

A circular route with views across Taw Valley

🕒 **DURATION:** 2 to 2 ½ hours

👣 **FOOTWEAR RECOMMENDED:** Walking boots or Wellingtons

🚶 **SURFACE:** Muddy tracks and tarmac

1. Leave The Mole resort main entrance turning right. Go into Chittlehamholt and turn left in the centre of the village signposted Portsmouth Arms.
2. Follow this road for ¼ mile until you come to a fork in the road. Take the right-hand fork onto the lane signposted Spycott.
3. Continue past the entrance to Chapples Farm down the lane to the junction at Spycott and turn right. Walk down the rough lane to the edge of the wood. Do not turn left to follow the bridleway (unless you have a map and want to go your own way) keep straight on into the wood, signposted public footpath. Down to the stream through the forestry plantation and prepare for the climb up to Shortridge. During the climb up Shortridge this does go through working sheep fields so just be wary not to make too much noise. As you continue up Shortridge with the hedgerow on your left, continue past the gate on your left and head through the one at the top the field.
4. Continue up the track and at the gateway, where the track takes a left and then immediate right turn, stop for a breather and enjoy the view across Taw Valley to High Bickington Church on



- the skyline. The asymmetric outline of Atherington Church Tower can be seen away to the right. Continue with the hedgerow on your right hand side and turn left when you reach the lane. Walk up the lane for approx. 300 meters and turn right into the field at the footpath sign and cross the fields to Warkleigh aiming for the church tower, the church tower won't be visible at first but once you reach the crest of the hill you will then see the church tower.
5. Follow the footpath waymark signs round the edge of the field below the church and as you cross the stream you will see a majestic oak tree on the left. Go through the narrow gate, this gate can be hard to see as it has become a red/brown in colour and can be shaded by the surrounding trees. There is a larger wooden gate in the top left corner you can also go through that gate and take a right it takes you on the same path just a bit further down? at the edge of the field and turn right down Pool Lane to Lambpark Copse and Oldridge Wood.
 6. Go past the cottage and over the stiles into Oldridge Woods. This is now a forestry plantation, although in some places it retains some of its original ground flora, et primroses, dogs mercury, enchanters nightshade and there are remnants of hazel coppice.
 7. Follow the main path through the plantation looking out for footpath signs and waymarks to guide you, sometimes they get covered in foliage and are not too easy to see. When the reach the road turn right and walk back through the village to The Mole.

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RUNNING ROUTES

RUN 1

Easy 5K from The Hub to the war memorial and back. Mostly flat with 1 steep hill.

🕒 **DURATION:** ¾ hour to 1 ¼ hours

🏃 **DISTANCE:** 5.17 km

⚠️ **DIFFICULTY:** Easy

Scan the QR code to view the full Strava route or click the button below:



RUN 2

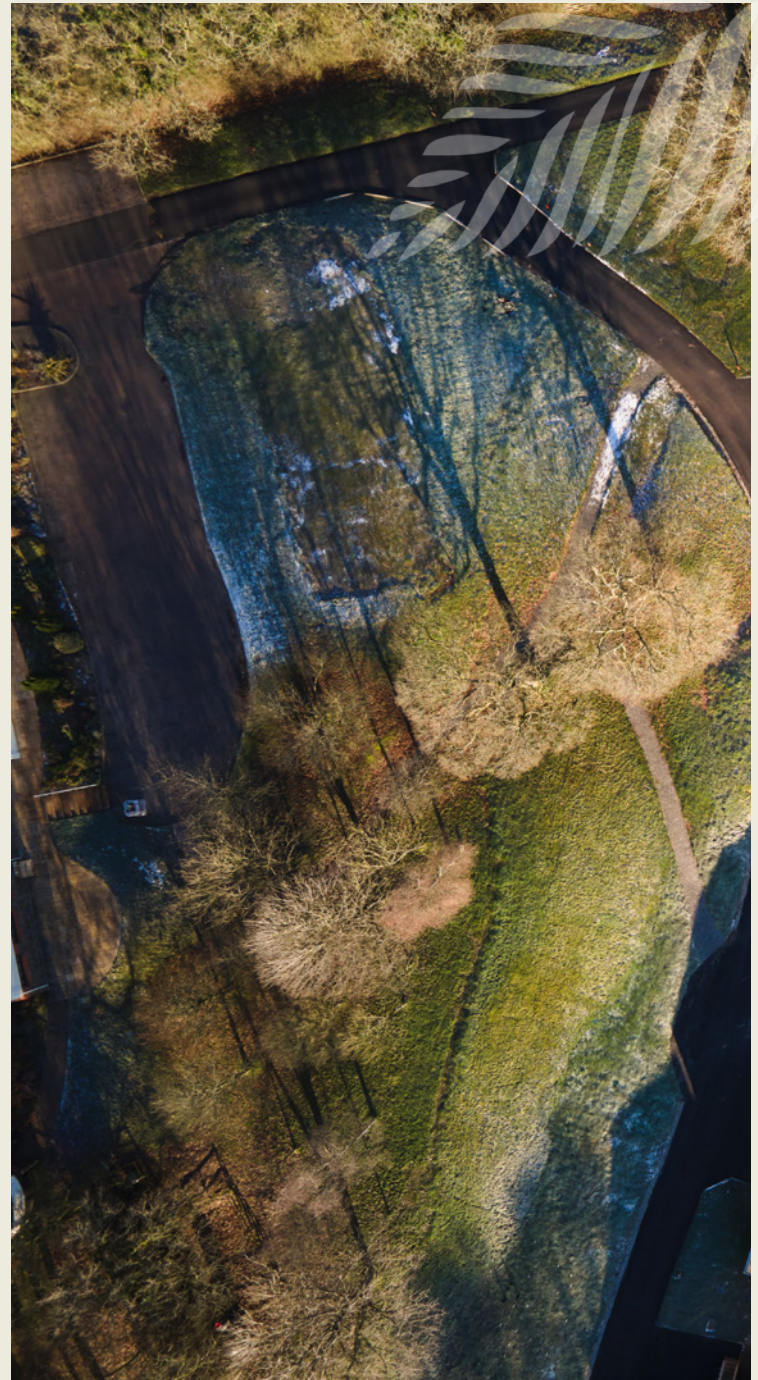
10K loop starting at the hub mostly flat with 2 steep inclines.

🕒 **DURATION:** ¾ hour to 1 ¼ hours

📏 **DISTANCE:** 10.36 km

📍 **DIFFICULTY:** Easy

Scan the QR code to view the full Strava route
or click the button below:





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